

CROSSROADS CARE KENT

Why not come along to our

DEMENTIA AWARENESS EVENT



DROP IN



Tuesday 1st October 2019

between 1:30pm & 4:30pm

As well as Crossroads Care Managers and project staff, a variety of professionals will be available for you to speak to on the day. Between them, they can offer help, advice and support, across a wide range of subjects including:

- **Alzheimer's Society – dementia specialist advice**
- **Mental Health support**
- **What Benefits are available?**
- **How your local Hospice might be able to help?**
- **Local Solicitor – What is a Power of Attorney?**
- **Parkinson's Nurse Advisor**
- **Carers Counselling**
- **Admiral Nurse; dementia specialist support for Carers**
- **Managing Incontinence**
- **How to get a Carer's Assessment**
- **Dementia Day Care – Age UK**
- **Community Wardens**
- **Healthwatch**
- **Information for LGBTQ+ Carers and people with dementia**
- **How can Cognitive Stimulation improve symptoms?**
- **Carers Groups and Peer Support**
- **Telecare, equipment, lifeline / Kent Carers Emergency Card**

The event is being held:

Upstairs in the
Age UK Herne Bay &
Whitstable building
16 Reculver Road
Beltinge
Herne Bay
Kent
CT6 6LE

We have disabled
access/ toilets
& parking on site

It may be possible to pre book a brief consultation with a solicitor on the day.

Should you wish to do so, please contact Gillian on 01227 937741 beforehand to avoid disappointment.

**CROSS
ROADS
CARE**
Kent



Telephone: 03450 956701

www.carerskm.org

Charity Registration No. 1073896

**CROSS
ROADS
CARE
ABOUT
RELIEVING
CARER
STRESS**